

Employee's State Insurance Model Hospital



(Ministry of Labour & Employment, Govt. of India)

Lane No.02, SIDCO Industrial Complex,

Bari Brahmana, Jammu (J&K)

(ISO 9001:2000 Certified)

Phone No. 01923-221105, 01923-220302 Fax No. 01923-221105

E-mail: ms-jammu@esic.nic.in

Success Story

Infertility is an inability to conceive and 1 in 6 couples experience the same difficulty while conceiving at some point in their reproductive life. Education on maximizing health for pregnancy and prevention of factors causing infertility should be a part of public health services. An infertility clinic was started every Wednesday at ESIC Hospital Jammu since July 2016 and inception of 48 couples has been registered with the fertility problems.

The clinic was carried out by the Deptt. Of Obstetrics & Gynecology ESIC Model Hospital, Jammu under the able guidance of Dr Payal Gupta and her dedicated team of doctors & paramedical staff.

The services offered were basic workup of the infertile couple, one stop shop for diagnosing fertility including hormonal testing, ultrasound ,HSG,Endometrial Biopsy, Screening for cervical smears, Evaluation of male patients, diagnostic Laparo-Hysteroscopy and ovulation induction with follicular monitoring.

A complete medical history, physical examination and diagnostic tests were carried out of both the partners. Once the cause of infertility is diagnosed treatment is planned accordingly.

Patients who required advanced fertility treatment were referred to higher centers.

The success of the department is because of the full support of Dr Sunil Prabhakar Deshpande, Medical Superintendent, ESIC Model Hospital, Bari Brahmana, Jammu. His vision and guidance helped 10 couples to conceive using simple low tech procedures, counseling and psychological support.

The mission of helping the infertile couples is still going in a Truthful, Honest, and Up to date just to see the smiles on the face of childless couples.